

1 POWER STRIP

Use a power strip for multiple strands of lights & extension cords instead of a single outlet



2 CLEAN HANDS

Soap'em up often & use hand sanitizer to avoid sickness & germ-spreading



3 FEET AWAY

Space heaters should be at least three feet away from anything that can catch on fire



4 LOCKED DOORS

Lock your car doors when out and about, especially with shopping bags inside



5 FIRE EXTINGUISHERS!

Okay, maybe not five... but having a couple on hand is a good idea



6 FOOT LADDER

Position it properly, climb it carefully & always face it when going up or down



7 ORANGES

A daily dose of Vitamin C can help your immune system stay strong during the holidays



8 HOURS OF SLEEP

Plenty of shut-eye is also one of the best ways to stay healthy



9 DAYS OF VAKAY

Secure your home by unpluaging electronics: have a friend drive by to ensure all is ok



10 LAYERS OF CLOTHING

Stay warm outdoors by wearing lavers that can be added or removed



11 SLIPS & SLIDES

Avoid them all on icv roads by having plenty of tread on your tires... and slow down!



12 INCHES AWAY

Lighted candles should be at least 12 inches away from anything combustible



WISHING YOU





